

# Foundational Solemnization Exercises

## Part 1, Major Scale

### 1. Major Scale

- Ascending: Do, Re, Mi, Fa, Sol, La, Ti, Do
- Descending: Do, Ti, La, Sol, Fa, Mi, Re, Do

### 2. Group of Two Notes

- Ascending: DRDR, RMRM, MFMF, FSFS, SLSL, LTLT, TDTD
- Descending: DTD, TLTL, LSL, SFSF, FMFM, MRMR, RDRD

### 3. Group of Three Notes

- Ascending: DRM, RMF, MFS, FSL, SLT, LTD
- Descending: DTL, TLS, LSF, SFM, FMR, MRD

### 4. Group of Four Notes

- Ascending: DRMF, RMFS, MFSL, FSLT, SLTD
- Descending: DTLS, TLSF, LSF, SFMR, FMRD

### 5. Group of Five Notes

- Ascending: DRMFS, RMFSL, MFSLT, FSLTD
- Descending: DTLSF, TLSFM, LSFMR, SFMRD

### 6. Intervals of the Scale

- Ascending: DRD, DMD, DFD, DSD, DLD, DTD, DDD
- Descending: DTD, DLD, DSD, DFD, DMD, DRD, DDD

### 7. Skipping in Thirds

- Ascending: DM, RF, MS, FL, ST, LD
- Descending: DL, TS, LF, SM, FR, MD

### 8. Skipping in Fourths

- Ascending: DF, RS, ML, FT, SD
- Descending: DS, TF, LM, SR, FD

### 9. Skipping in Fifths

- Ascending: DS, RL, MT, FD
- Descending: DF, TM, LR, SD